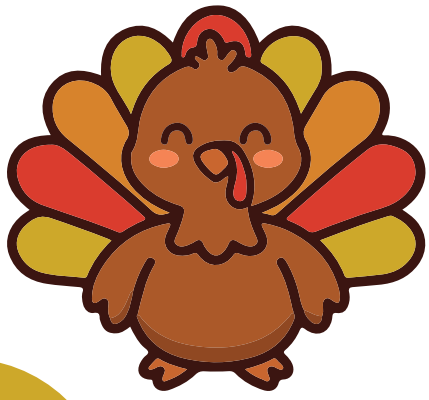
NOVEMBER 2026

Majestic Pines Senior Living Newsletter

November is a time to reflect on the things we are thankful for, appreciate the moments that bring us together, and enjoy the simple joys of the season. As the days grow shorter and the temperatures cool, we are reminded that the warmth of community, friendship, and connection makes Majestic Pines such a special place to call home.
From all of us at Majestic Pines, we wish you and your loved ones a wonderful November filled with gratitude, happiness, and plenty of reasons to give thanks!







DID YOU KNOW?

November is the 11th month of the year and has 30 days. Its name comes from the Latin word *novem*, meaning nine, because it was originally the ninth month of the Roman calendar. November is also home to Veterans Day (November 11), Thanksgiving, and the birthstone topaz. The birth flowers are the chrysanthemum and peony, and November is a wonderful month to celebrate gratitude, family traditions, and the beauty of the changing seasons!

Follow us on Facebook! @MajesticPinesSeniorLiving

Majestic SENIOR LIVING PINES

MAJESTIC PINES ANNUAL

HOLIDAY MARKET

1614 GOLF COURSE ROAD,
GRAND RAPIDS MN 55744

NOVEMBER 7TH

OPEN 9:00 AM - 3:00 PM

JOIN US FOR OUR ANNUAL HOLIDAY MARKET! FROM ARTS AND CRAFTS TO JEWELRY AND HOME DECOR, THERE IS SOMETHING FOR EVERYONE ON YOUR SHOPPING LIST.

RESIDENT SPOTLIGHT
Pam Hoshal



Where did you grow up?

I grew up in Grand Rapids, Minnesota.

What is your fondest childhood memory?

The grandchildren on my mom's side of the family learned to square dance together. We had so much fun.

What is something you are especially proud of?

I feel proud of taking care of my parents before they passed away.

Which season do you enjoy the most and why?

Love the summer because of the warm weather. It's easy to just get up and go somewhere!

What did you do for a living?

I was a CNA for many years at the Grand Rapids hospital. I enjoyed helping people.

Are you a morning person or a night owl?

Morning person; love getting up and starting the day.

What is the best part of living at Majestic Pines?

The people I've met.

What is your favorite hobby?

I love bowling. I bowled in Delano, Buffalo, and in St. Michael. We were part of a league at a bowling alley called Hollywood Sports.

If you could give one piece of advice, what would it be?

After High School, go to college and work hard and get a good job.

Interested in having your own spotlight?
Ask Cathy or Lynn in Activities!

RESIDENT EVENTS

- **Social Hour -** Every Thursday at 3:30 PM (Multi-purpose Room).
- **Live Music w/ Corey -** Wednesday, November 4th at 2:15 PM. Come join us for some tunes (and Root Beer Floats!) - (Multi-purpose Room).
- **Ice Cream Cones -** Friday, November 6th at 2:00 PM. (Bistro).
- **Resident Council -** Wednesday, November 11th at 2:00 PM. (Multi-purpose Room).
- **Monthly Birthday Party** - Wednesday, November 18th at 2:00 PM (Multi-purpose Room). Celebrate all those with Birthdays this month - Music by Doug Spartz. We will be serving coffee, cake and ice cream!
- **Caramel Rolls -** Wednesday, November 25th at 2:30 PM. (Bistro).
- **Thanksgiving Meal -** Thursday, November 26th from 11:30 AM - 1:00 PM. See next page for more details.

More events can be found on your monthly calendars!

***Activity Schedules are subject to change - please check in with your daily activity board for any updates.**

Greetings!

With Thanksgiving approaching, we wanted to share our holiday lunch plans! Thursday, November 26th 11:30am to 1:00pm



Menu:



Roasted Turkey
Mashed Potatoes with Gravy
Traditional Stuffing
Buttered Corn
Pumpkin Pie

The holiday special lunch meal is free to all residents, you do not need to sign up for your free meal. If you have family here that want a holiday meal ($12), please let us know how many family members will be here, reception will take that information. The deadline to sign up for family meals is 11/20/26. The Turning Leaf dining room, Bistro and Private Dining is seated on a first come first serve basis. No reservations will be taken, the meal is served from 11:30am to 1:00pm

DIETARY *with Dennis!*



Welcome to November!

Our Culinary Meeting is at 2:00 PM on the 19th. Your input is valuable!

Roast turkey and all the trimmings are on the menu for Thanksgiving! 11:30 AM to 1:00 PM on the 26th!

Vitamin D intake promotes a healthy immune system, aids in weight loss, helps lower blood pressure and promotes good bone and tissue health!

Check out some of these foods that are rich in Vitamin D!

+ Salmon
+ Dairy foods fortified with Vitamin D
+ Oranges
+ Mushrooms
+ Egg Yolks
+ Herring, Sardines, and Canned Tuna

TRICK OR TREAT!

We are so thankful for our wonderful residents who passed out candy during our Trick-or-Treat event on Halloween! Enjoy some pictures from the day!









TRICK OR TREAT!











TRICK OR TREAT!













MONTHLY CHURCH SERVICES

- **Catholic Communion** - Every Friday at 9:45 AM (Chapel)
- **Non-Denominational Church Service** - Every Sunday at 10:00 AM (Chapel)
- **First Lutheran Church Service** - The 4th Thursday of each month at 2:30 PM (Chapel)
- **Bible Study** - Every other Saturday at 10:30 AM (Timbers Enhanced Unit)

PROGRESSIVE CARE
Therapy

***You may have noticed... Our pool has run dry!** Don't worry, it won't be for long. We are undergoing a large pool maintenance check and refinishing. We'll have you back in the water before you know it!*

Also, please stop by to see Paula in the Therapy office for an updated Fitness Center Schedule. We have added some new classes!

Kelli Barry, PT
Director of Fitness & Therapy

Medicare Workshop



Explore your Medicare options

Choosing the Right Medicare Plan for You
Join Tom McBride from Clairmont & McBride Financial for an educational sales presentation featuring two of the most popular Medicare plan options available in Itasca County. The session includes a 25-minute Medica sales presentation, followed by a 25-minute Blue Cross Blue Shield sales presentation, with a short break in between. Attendees will learn about plan benefits, costs, and coverage options, and have the opportunity to receive enrollment assistance if interested. Participants are welcome to attend one presentation or stay for both sessions, depending on their interests and needs.

Join Us!

Session Details

All sessions will be held in the ALC Classroom at the Itasca Family YMCA, 400 River Road, Grand Rapids.
***Please bring your Medicare card and medication list**

Session Dates

Wednesday, October 28th 1pm–3pm
Wednesday, November 4th 1pm–3pm
Thursday, November 19th from 1pm–3pm
Wednesday, December 2nd 9am–12pm

Please choose one session to attend. RSVP is required. Call ElderCircle to sign up 218-999-9233 or email annabelle@eldercircle.org

Clairmont & McBride Financial

ElderCircle

400 River Road, Suite 1,
Grand Rapids MN 55744
218 999 9233
www.eldercircle.org

MEMORY LOSS SUPPORT GROUP

at Majestic Pines Senior Living

Majestic Pines Senior Living is now hosting a Memory Loss Support Group. This group will meet on the second Thursday of each month, in our private dining. This group is brought to you by ElderCircle. The memory loss support group are for caregivers of any age who is caring for an ailing parent, child, spouse, or other individuals of any age, near or far.

The support group is led by trained facilitators to help teach coping skills, help reduce anxiety, build resiliency and provide a safe place for people to share common concerns and receive emotional support.

For questions, call Danielle with ElderCircle at 218-999-9233 - EXT. 282 or email danielle@eldercircle.com



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FAMILY COUNCIL

Majestic Pines provides a space and coordinates the participation of interested participants for resident and family council. Majestic Pines will offer both councils meeting opportunities per the council's request, at least semi-annually. This is an opportunity for residents and/or families to come together and discuss any changes they would like to see implemented, share concerns or simply collaborate with other council members. The council then submits their request(s) to the Community Advisory Board for further discussion and issue resolution. If you prefer to share your requests or concerns outside of either council, you are always welcome to do so via the Care and Concern or Council Request forms found at the Information Station in our Bistro. We are always looking for ways to improve and encourage you to share your feedback.

