

OCTOBER 2026

Majestic Pines Senior Living Newsletter

As the leaves begin to turn and the crisp autumn air settles in, October brings a beautiful season of change, reflection, and togetherness at Majestic Pines Senior Living. From seasonal activities and festive celebrations to everyday moments shared with friends, there is always something to look forward to in our community. This month, we're embracing all that makes fall special. We're grateful for the laughter, stories, and friendships that fill Majestic Pines each day.



**DID YOU
KNOW?**

The prefix "octo" means "eight" in Latin, but October is the tenth month. It was the eighth month in Rome's original 10-month calendar before January and February were added. In the Northern Hemisphere, this period marks a vibrant shift into autumn characterized by cooler weather, peak fall foliage, and animals preparing for winter, while the Southern Hemisphere experiences the arrival of spring. The month is rich with symbolic associations, including the opal and tourmaline birthstones, marigold and cosmos birth flowers, and the zodiac signs of Libra and Scorpio.



Follow us on Facebook!

@MajesticPinesSeniorLiving

Majestic
SENIOR LIVING
PINES

*Have you checked in on how you're feeling today?
Recognizing your feelings is the first step in taking action
to make today the best it can be!*



happy



mad



excited



scared



sleepy



shy



sad



frustrated



surprised



silly



calm



confused

RESIDENT SPOTLIGHT

Milo & Jeanne Stefan

Where did you grow up?

Milo grew up in the Brainerd / Crosby area, while Jeanne grew up in the Wabasha area.

What is your fondest childhood memory?

Milo remembers his dad having a job delivering fresh bakery goods around the area. Jeanne remembers as kids walking down the railroad tracks to go to the swimming beach.

Which season do you enjoy the most and why?

Milo likes winter best and loves the snow and snowshoeing. Jeanne likes summer because of the warm weather.

What did you do for a living?

Milo was a forest ranger, then a land-surveyor for the Forestry Service. Jeanne worked as a secretary and homemaker.

Where did you meet?

Jeanne was living in Minneapolis with a friend (also named Jeanne!) and HER FRIEND was dating Milo! Until he met the one and only love of his life, Jeanne, and well, the rest is history... 70 years later! Happy Anniversary!

If you could give one piece of advice, what would it be?

"Hold a steady job." -Milo

"Go to college and get a good education." - Jeanne



**Interested in having your own spotlight?
Ask Cathy or Lynn in Activities!**

RESIDENT EVENTS

- ★ **Social Hour** - Every Thursday at 3:30 PM (Multi-purpose Room).
- ★ **Live Music w/ Corey** - Wednesday, October 7th at 2:15 PM. Come join us for some tunes (and Root Beer Floats!) - (Multi-purpose Room).
- ★ **Monthly Birthday Party** - Wednesday, October 14th at 2:00 PM (Multi-purpose Room). Celebrate all those with October Birthdays - Music by Two for the Road. We will be serving coffee, cake and ice cream!
- ★ **Live Music w/ Doug Spartz** - Wednesday, October 21st at 2:00 PM. (Multi-purpose Room).
- ★ **Live Music w/ The Jammers** - Wednesday, October 28th at 3:30 PM. (Multi-purpose Room).
- ★ **Halloween Social Hour** - Thursday, October 29th at 3:30 PM. (Multi-purpose Room). Special treats! Come in costume for a prize!

****More events can be found on your monthly calendars!***

***Activity Schedules are subject to change - please check in with your daily activity board for any updates.**

TRICK OR TREAT!

October 31 | 2:00–3:00 PM | Main Lobby

Majestic Pines will be providing some candy for Trick-or-Treaters, but we encourage you to bring **ONE** bag to share as well! This event is open to the public.
Invite the grandkids!



GENERAL ELECTION

October 19 | 1:00–4:00 PM | Multi-Purpose Room

Representatives from the courthouse will be at Majestic Pines to assist residents with absentee voting for the General Election.

A form must be completed in advance. Forms are available at the front desk and can be filled out ahead of time to help make the process quicker and easier.

If you have recently moved and need to register to vote in this district, voter registration can also be completed during this time.

DIETARY *with Dennis!*

Welcome to October!

Our Fall & Winter menus start the first week of October!

How does a warm cup of apple cider sound? The Bistro will be featuring complimentary warm apple cider every Wednesday starting October 28th!



Our Culinary Meeting is at 2:00 PM on the 15th. Your input is valuable!

Liquids are essential to living a healthy lifestyle, but some are better than others...

The BEST!

Water, Tea, Vegetable Juice, Nut Milks & Pomegranate Juice. Enjoy in Moderation!

Coffee, Milk, Sparkling Water, Most Fruit Juices & Smoothies.

The WORST!

Soft Drinks, Diet Sodas & Energy Drinks!

The average body is about 60% water, so try and put only the best ones in your body!

NATIONAL ASSISTED LIVING WEEK



MONTHLY CHURCH SERVICES

- ★ **Catholic Communion** - Every Friday at 9:45 AM (Chapel)
- ★ **Non-Denominational Church Service** - Every Sunday at 10:00 AM (Chapel)
- ★ **First Lutheran Church Service** - The 4th Thursday of each month at 2:30 PM (Chapel)
- ★ **Bible Study** - Every other Saturday at 10:30 AM (Timbers Enhanced Unit)

BOO!





MAJESTIC PINES ANNUAL

HOLIDAY MARKET

1614 GOLF COURSE ROAD,
GRAND RAPIDS MN 55744

NOVEMBER
7TH

OPEN 9:00 AM - 3:00 PM

JOIN US FOR OUR ANNUAL HOLIDAY MARKET!
FROM ARTS AND CRAFTS TO JEWELRY AND HOME
DECOR, THERE IS SOMETHING FOR EVERYONE ON
YOUR SHOPPING LIST.

FAMILY COUNCIL

Majestic Pines provides a space and coordinates the participation of interested participants for resident and family council. Majestic Pines will offer both councils meeting opportunities per the council's request, at least semi-annually. This is an opportunity for residents and/or families to come together and discuss any changes they would like to see implemented, share concerns or simply collaborate with other council members. The council then submits their request(s) to the Community Advisory Board for further discussion and issue resolution. If you prefer to share your requests or concerns outside of either council, you are always welcome to do so via the Care and Concern or Council Request forms found at the Information Station in our Bistro. We are always looking for ways to improve and encourage you to share your feedback.



MEMORY LOSS SUPPORT GROUP

at Majestic Pines Senior Living

Majestic Pines Senior Living is now hosting a Memory Loss Support Group. This group will meet on the second Thursday of each month, in our private dining. This group is brought to you by ElderCircle. The memory loss support group are for caregivers of any age who is caring for an ailing parent, child, spouse, or other individuals of any age, near or far.

The support group is led by trained facilitators to help teach coping skills, help reduce anxiety, build resiliency and provide a safe place for people to share common concerns and receive emotional support.

For questions, call Danielle with ElderCircle at 218-999-9233 - EXT. 282 or email danielle@eldercircle.com



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