

## Week of March 30<sup>th</sup> thru April 5<sup>th</sup>

### Monday March 30<sup>th</sup>

Coffee & Conversation

Move & Groove

Bingo

Natural Videos

### Tuesday March 31<sup>st</sup>

Gratitude Circle

Move & Groove

Creative Crafts

Classic Game Shows

### Wednesday April 1<sup>st</sup>

Coffee & Conversation

Bible Study with Cathy (10:30)

Root Beer Floats & Music with Corey upstairs(2:15)

Classic Game Show

### Thursday April 2

Would you Rather?

Story Time with Cathy (10:30) Move and Groove(11:00)

YouTube Sing A Long

Hallmark Movie

### Friday April 3<sup>rd</sup>

Where would you go? Travel Trips

Move and Groove

My Two Cents

Travel Channel

### Saturday/Sunday April 4 & 5<sup>th</sup>

Morning News Conversation

Move and Groove

Balloon Ball

Classic Music

Morning News Conversation

Church Service (starts at 10:00 in chapel upstairs)

Move and Groove

Western

*Morning Start Focus: Gentle activation, orientation, and setting a positive tone.*

*Midday Pulse Focus: Energy, creativity, and social engagement.*

*Afternoon Flow Focus: Lighthearted engagement, creativity, and social fun.*

*Evening Calm Focus: Comfort, winding down, and emotional reassurance.*

## Week of April 6<sup>th</sup> thru 12<sup>th</sup>

### Monday April 6th

Coffee & Conversation

Move & Groove

Bingo

Natural Videos

### Tuesday April 7th

Gratitude Circle

Move & Groove

Balloon Volleyball

Classic Game Shows

### Wednesday April 8th

Coffee & Conversation

Bible Study with Cathy (10:30)

Move and Groove

Classic Game Show

### Thursday April 9th

Would you Rather?

Story Time with Cathy (10:30) Move and Groove(11:00)

YouTube Sing A Long

Hallmark Movie

### Friday April 10th

Where would you go? Travel Trips

Move and Groove

My Two Cents

Travel Channel

### Saturday/Sunday April 11 & 12th

Morning News Conversation

Move and Groove

Balloon Ball

Classic Music

Morning News Conversation

Church Service (starts at 10:00 in chapel upstairs)

Move and Groove

Western

*Morning Start Focus: Gentle activation, orientation, and setting a positive tone.*

*Midday Pulse Focus: Energy, creativity, and social engagement.*

*Afternoon Flow Focus: Lighthearted engagement, creativity, and social fun.*

*Evening Calm Focus: Comfort, winding down, and emotional reassurance.*

## Week of April 13<sup>th</sup> thru April 19

### Monday April 13th

Coffee & Conversation

Move & Groove

Bingo

Natural Videos

### Tuesday April 14th

Gratitude Circle

Move & Groove

Ball Toss

Classic Game Shows

### Wednesday April 15th

Coffee & Conversation

Bible Study with Cathy (10:30)

Monthly Birthday Party w/Doug Spartz (2:00 upstairs)

Classic Game Show

### Thursday April 16th

Would you Rather?

Story Time with Cathy (10:30) Move and Groove(11:00)

Trivia

Hallmark Movie

### Friday April 17th

Where would you go? Travel Trips

Move and Groove

Catholic Communion starts at 2:00 in Chapel

Travel Channel

### Saturday/Sunday April 18 & 19th

Morning News Conversation

Move and Groove

Balloon Ball

Classic Music

Morning News Conversation

Church Service (starts at 10:00 in chapel upstairs)

Move and Groove

Western

*Morning Start Focus: Gentle activation, orientation, and setting a positive tone.*

*Midday Pulse Focus: Energy, creativity, and social engagement.*

*Afternoon Flow Focus: Lighthearted engagement, creativity, and social fun.*

*Evening Calm Focus: Comfort, winding down, and emotional reassurance.*

## Week of April 20 thru April 26

### Monday April 20th

Coffee & Conversation

Move & Groove

Bingo

Natural Videos

### Tuesday April 21st

Gratitude Circle

Move & Groove

Sing a Long YouTube

Classic Game Shows

### Wednesday April 22

Coffee & Conversation

Bible Study with Cathy (10:30)

Move and Groove

Classic Game Show

### Thursday April 23

Would you Rather?

Story Time with Cathy (10:30) Move and Groove(11:00)

My 2 Cents

Hallmark Movie

### Friday April 24th

Catholic Communion (9:30)

Move and Groove

Where would you go? Travel Tips

Travel Channel

### Saturday/Sunday April 25 & 26

Morning News Conversation

Move and Groove

Balloon Ball

Classic Music

Morning News Conversation

Church Service (starts at 10:00 in chapel upstairs)

Move and Groove

Western

*Morning Start Focus: Gentle activation, orientation, and setting a positive tone.*

*Midday Pulse Focus: Energy, creativity, and social engagement.*

*Afternoon Flow Focus: Lighthearted engagement, creativity, and social fun.*

*Evening Calm Focus: Comfort, winding down, and emotional reassurance.*

## Week of April 27 thru May 2

### Monday April 27th

Coffee & Conversation

Move & Groove

Bingo

Natural Videos

### Tuesday April 28th

Gratitude Circle

Move & Groove

Sing a Long YouTube

Classic Game Shows

### Wednesday April 29

Coffee & Conversation

Bible Study with Cathy (10:30)

Music by Jammers (2:45)

Classic Game Show

### Thursday April 30

Would you Rather?

Story Time with Cathy (10:30) Move and Groove(11:00)

My 2 Cents

Hallmark Movie

### Friday May 1st

Catholic Communion (9:30)

Move and Groove

Where would you go? Travel Tips

Travel Channel

### Saturday/Sunday May 2 & 3

Morning News Conversation

Move and Groove

Balloon Ball

Classic Music

Morning News Conversation

Church Service (starts at 10:00 in chapel upstairs)

Move and Groove

Western

*Morning Start Focus: Gentle activation, orientation, and setting a positive tone.*

*Midday Pulse Focus: Energy, creativity, and social engagement.*

*Afternoon Flow Focus: Lighthearted engagement, creativity, and social fun.*

*Evening Calm Focus: Comfort, winding down, and emotional reassurance.*