

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025 Fall is nature's time to shine!						1 10:30 AM – Sing along 11:00 AM –GET FIT 1:30 PM- Parachute & kick ball 2:30 PM- Snack Time 3:30 PM- small group boxes 5:30 PM – Music Break
2 10:00 AM - Church service in Chapel 11:00 AM – Move & Grove 1:30 PM – Spa massage/ nails 2:30 PM -Snack Time 5:30 PM- Music Break Daylight Saving Time Ends	3 10:30 AM – Sing along 11:00 AM –GET FIT 1:30 PM – BINGO 2:30 PM- Snack Time 3:00 PM – Back to BINGO! 5:30 AM- Music Break	4 10:30 AM – Sing along 11:00 AM –GET FIT 1:30 PM - Paint away 2:15 PM- Concert w/ Corey and Root beer floats 3:00 PM- Painting wrap-up 5:30 PM – Music Break	5 10:30 AM – Bible study w/ Cathy 2:00 PM- Monthly Birthday Party (Ditty's Wish) 3:30PM- GET FIT 5:30PM- Music Break	6 10:30 AM- Storytime w/ Cathy 1:30 PM – Sing along 2 :00 PM- GET FIT 2:30 PM- Afternoon tea & brain games 5:30 PM – Music Break	7 9:30 AM- Catholic Communion 10:30 AM – Sing along 11:00 AM – GET FIT 1:30 PM - Back in the day 2:30 PM -Snack Time 3:00 PM – Sunshine room activity stations 5:30 PM- Music Break	8 (10-3 Holiday Market) 11:00 AM – GET FIT 1:30 PM - Art (Vision boards) 2:30 PM – Snack Time 3:00 PM – Vision Boards 5:30 PM- Music Break
9 10:00 AM - Church service in Chapel 11:00 AM – Move & Grove 1:30 PM – Spa massage/ nails 2:30 PM -Snack Time 5:30 PM- Music Break	10 10:30 AM – Sing along 11:00 AM- GET FIT 1:30PM- BINGO 2:30 PM- Snack Time 3:00 PM -Back to BINGO! 5:30 PM- Music Break	11 10:30 AM – Sing along 11:00 AM -GET FIT 1:30 AM - Noodle ball 2:30 PM - Snack Time 3:30 PM- small group boxes 5:30 PM- Comedy / I Love Lucy Veterans Day Remembrance Day (Canada)	12 10:30 AM – Sing Along 2:00 PM- Concert w/ Ditty Wish 3:30 PM -GET FIT 5:30 PM- Music Break	13 10:30 AM- Storytime w/ Cathy 1:30 PM – Sing along 2 :00 PM- GET FIT 2:30 PM- Afternoon tea & brain games 5:30 PM – Music Break	14 9:30 AM- Catholic Communion 10:30 AM – Sing along 11:00 AM – GET FIT 2:00 PM – Patchwork Ensemble (Multi-purpose Room) 3:00 PM – Sunshine room activity stations 5:30 PM- Music Break	15 9:30 AM – Breakfast bunch 11:00 AM –GET FIT 1:30 PM Bowling & basketball 2:30 PM- Movie popcorn and treats! 5:30 PM – Sing Along
16 10:00 AM - Church service in Chapel 11:00 AM – Move & Grove 1:30 PM – Spa massage/ nails 2:30 PM -Snack Time 5:30 PM- Music Break	17 10:30 AM – Sing along 11:00 AM- GET FIT 1:30PM- BINGO 2:30 PM- Snack Time 3:00 PM -Back to BINGO! 5:30 PM- Music Break	18 10:30 AM – Sing along 11: 00 AM -GET FIT 1:30 PM - Did you know? 2:30 PM – Snack Time 3:30 PM- small group boxes 5:30 PM- Music Break	19 10:30 AM – Bible study w/ Cathy 11:00 AM –GET FIT 2:00PM -4:00PM- Brain games and midweek tea/ snacks 5:30 PM- Music Break	20 10:30 AM- Storytime w/ Cathy 1:30 PM – Sing along 2 :00 PM- GET FIT 2:30 PM- Afternoon tea & brain games 5:30 PM – Music Break	21 9:30 AM- Catholic Communion 10:30 AM – Sing along 11:00 AM – GET FIT 1:30 PM - Back in the day 2:30 PM -Snack Time 3:00 PM – Sunshine room activity stations 5:30 PM- Music Break	22 10:30 AM – Sing along 11:00 AM -GET FIT 1:30 PM- Parachute & kick ball 2:30 PM- Snack Time 3:30 PM - Small group boxes 5:30 PM- Music Break
23 10:00 AM - Church service in Chapel 11:00 AM – Move & Grove 1:30 PM – Spa massage/ nails 2:30 PM -Snack Time 5:30 PM- Music Break	24 10:30 AM – Sing along 11:00 AM- GET FIT 1:30PM- BINGO 2:30 PM- Snack Time 3:00 PM -Back to BINGO! 5:30 PM- Music Break	25 10:30 AM – Sing along 11:00 AM -GET FIT 1:30PM - Freestyle art 2:30 PM – Snack Time 5:30 PM- Comedy Break	26 10:30 AM – Bible study w/ Cathy 11:00 AM –GET FIT 2:00PM -4:00PM- Brain games and midweek tea/ snacks 5:30 PM- Music Break	27 10:30 AM – Sing along 11:00 AM - GET FIT 12:00 PM- Thanksgiving Lunch 1:30 PM- Turkey V ball and squash toss throughout afternoon 2:30 PM- Snack Time Thanksgiving Day (U.S.)	28 9:30 AM- Catholic Communion 10:30 AM – Sing along 11:00 AM – GET FIT 1:30 PM - Back in the day 2:30 PM -Snack Time 3:00 PM – Sunshine room activity stations 5:30 PM- Music Break	29 9:30 AM- Breakfast bunch 10:30 AM – Sing along 11: 00 AM –GET FIT 1:30 PM- Group art 2:30 PM- Snack Time 3:00 PM – Back to Art!
30 10:00 AM - Church service in Chapel 11:00 AM – Move & Grove 1:30 PM – Spa massage/ nails 2:30 PM -Snack Time 5:30 PM- Music Break	<i>Autumn is the season that teaches us change can be beautiful</i> 					