



2025 December Newsletter

December is **HERE!**

The magic of the holiday season has officially hit Majestic Pines, and our community is filled with festive spirit! Our secret elves have been busily working behind the scenes to transform our building into a winter wonderland.

Meaningful Days Program

Majestic Pines leaders attended the Meaningful Day launch party, where they exchanged ideas, inspired one another, and returned energized to elevate their memory care programs into communities we'd all be proud to call home. This exciting initiative begins now across our Progressive Care communities!





Holiday Market Recap

Our Annual Holiday Market was a huge success! Despite a couple of vendors being unable to attend due to illness, we were thrilled to host 14 amazing vendors throughout the hallway, chapel, multi-purpose room, and Bistro Hallway. A special thank you goes to Dennis, our Dietary Director, for opening up the Bistro and adding to the festive atmosphere. Thank you to everyone who made this event so memorable!



***Activity Schedules are subject to change, check in with your daily activity board for updates**



Family Council

Majestic Pines provides a space and coordinates the participation of interested participants for resident and family council. Majestic Pines will offer both councils meeting opportunities per the council's request, at least semi-annually. This is an opportunity for residents and/or families to come together and discuss any changes they would like to see implemented, share concerns or simply collaborate with other council members. The council then submits their request(s) to the Community Advisory Board for further discussion and issue resolution. If you prefer to share your requests or concerns outside of either council, you are always welcome to do so via the Care and Concern or Council Request forms found at the Information Station in our bistro. We are always looking for ways to improve and encourage you to share your feedback.

Memory Loss Support Group at Majestic Pines Senior Living



Thursday, December 11th from 1 pm - 2 pm, Majestic Pine Senior Living will be hosting a Memory Loss Support Group.

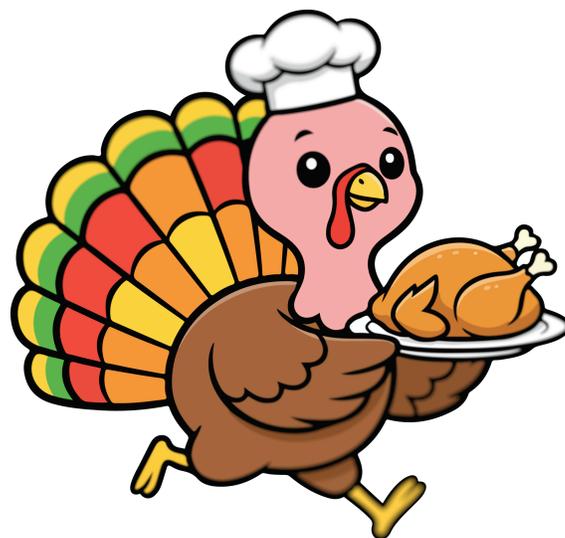
This group will meet on the second Thursday of each month, in our private dining. This group is brought to you by ElderCircle. The memory loss support group are for caregivers of any age who is caring for an ailing parent, child, spouse, or other individuals of any age, near or far.

The support group is led by trained facilitators to help teach coping skills, help reduce anxiety, build resiliency and provide a safe place for people to share common concerns and receive emotional support.

For questions, call Danielle with ElderCircle at 218-999-9233 EXT. 282 or email danielle@eldercircle.com

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Say “Gobble Gobble”



Majestic Pines Senior Living Complimentary Meals for 2025

Taste of Christmas

Christmas

Majestic Pines Senior Living Complimentary Meals for 2026

Easter

Summer BBQ (June)

Fourth of July

Thanksgiving

Christmas



MARK YOUR CALENDARS!

Monday- Friday, December 8th- 12th Christmas Spirit Week:

See the flyer for all the spirit dress-up days!
Residents and staff encouraged to participate!

Thursday, December 11th at 3:30 PM Social Hour:

Join us for a special social hour featuring Tom & Jerry's for anyone who'd like to indulge.

Friday, December 12th at 2:00 PM Singing Pines Christmas Concert:

Come and enjoy the beautiful sounds of the Majestic Pines Choir performing in the main lobby!

Wednesday, December 17th at 2:30PM Taste of Christmas

Formal invite to come!



Christmas

Dress Up Days

Majestic
SENIOR LIVING
PINES

8

DECEMBER

PJ Party

It's Christmas PJ Day! Can't wait to see your holiday spirit!

9

DECEMBER

Merry & Bright Day

Dress in RED or GREEN.... or if you're feeling extra festive, rock both Christmas colors!

10

DECEMBER

Sweater Weather

Rock your Christmas spirit! Wear a festive shirt, festive sweatshirt, or your favorite UGLY sweater!

11

DECEMBER

Tree Topper Thursday

Wear your favorite Christmas or holiday hat, Santa hat, festive headband, or Christmas necklace!

12

DECEMBER

Festive Friday

Show off your most festive, fun, and over-the-top holiday outfits. Ugly sweaters, jingling accessories, bright colors—anything that spreads cheer!



Dietary with Director Dennis



- Join us for the Taste of Christmas on Wednesday, December 17th!
- Our Culinary Meeting is Thursday, December 18th at 2:00 pm in the Turning Leaf Dining Room.
- Join us for Christmas Dinner on Thursday, December 25th!

Dietary Facts:

Vitamin C is important!

Vitamin C or ascorbic acid supports your immune system and helps your body use the iron you get from food. Your body also uses it to make collagen, a springy type of connective tissue that makes up parts of your body and helps heal wounds. It is also an antioxidant that helps protect your cells from damage. Men need 90 milligrams per day and women need 75 milligrams.

A medium orange has about 70 milligrams, but that isn't the only food that provides ascorbic acid.

- Citrus Fruits
- Kiwi
- Bell peppers
- Strawberries
- Broccoli
- Cauliflower
- Cabbage
- Brussel Sprouts
- Tomatoes
- Potatoes

