

HAPPY
BOO
SEASON



2025 October Newsletter



Saying "See You Later" September

September had many celebrations including the biggest one of the year....

National Assisted Living Week! The week was filled with memorable moments, starting with tons of music throughout the week, the Taste of Fall and the Annual Food Truck & Car Show! A huge thanks to all the staff who made the week possible, as well as the Food Trucks who agreed to locate at our facility for the day! Please enjoy some pictures from that week on the following pages.

Special Acknowledgments:

Bobcats Lunchbox, Northern Car Cruisers Club, Itasca Vintage Club, and
Chuck Beck





Follow us on Facebook!

@MajesticPinesSeniorLiving





Additional Events in September

During our week-long National Assisted Living Week Celebration, we had a resident event, the “Taste of Fall” and boy did it TASTE great! Residents were encouraged to try an assortment of garden veggies and other fall treats!

Timbers community also had a fall photoshoot (see below)



Featured Resident Events:

Lutheran Church Service

Thursday, October 23rd at 2:00 pm in the Chapel

Catholic Communion

Fridays, at 9:45 am in the Chapel

Social Hour

Every Thursday at 3:30 pm in the Multipurpose Room

****special social hour October 30th (Costumes & Cocktails)**

Exercise

Monday - Friday at 11:00 AM in our Timber's Community

All Grove and Timbers residents have access to our group fitness classes through Progressive Care Fitness!

Stop by and see Paula for a full class schedule. From chair yoga to pool classes, there's something for everyone... and best of all, all classes are included in your rent!



Majestic Pines Senior Living Complimentary Meals for 2025

Thanksgiving

Taste of Christmas

Christmas



Memory Loss Support Group at Majestic Pines Senior Living

Thursday, October 9th from 1 pm to 2 pm, Majestic Pine Senior Living will be hosting a Memory Loss Support Group.

This group will meet on the second Thursday of each month, in our private dining room. This group is brought to you by ElderCircle, and is for caregivers of any age who are caring for an ailing parent, child, spouse, or other individuals of any age, near or far. The support group is led by trained facilitators to help teach coping skills, help reduce anxiety, build resiliency, and provide a safe place for people to share common concerns and receive emotional support.

For questions, call Danielle with ElderCircle at 218-999-9233 EXT. 282 or email danielle@eldercircle.com

Family Council

Majestic Pines provides a space and coordinates the participation of interested participants for resident and family council. Majestic Pines will offer both councils meeting opportunities per the council's request, at least semi-annually. This is an opportunity for residents and/or families to come together and discuss any changes they would like to see implemented, share concerns or simply collaborate with other council members. The council then submits their request(s) to the Community Advisory Board for further discussion and issue resolution. If you prefer to share your requests or concerns outside of either council, you are always welcome to do so via the Care and Concern or Council Request forms found at the Information Station in our bistro. We are always looking for ways to improve and encourage you to share your feedback.

***Activity Schedules are subject to change, check in with your daily activity board for updates**



Dietary with Director Dennis



Our Fall & Winter Menus start the first week of October!

How does a warm cup of apple cider sound? The Bistro will be featuring a complimentary cup of warm apple cider every Wednesday starting October 29th!

OCTOBER'S FOCUS.... LIQUIDS!

This month we are focusing on liquids. Liquids are essential to living a healthy lifestyle, but some are better than others! The average body is 60% water, so try and put only the best ones in your body!

BEST LIQUIDS:

Water, Tea, Vegetable juice, Nut milk & Pomegranate juice

ENJOY IN MODERATION:

Coffee, Milk, Sparkling Water, Most Fruit Juices & Smoothies

WORSE LIQUIDS:

Soft drinks, Diet soda & Energy drinks

*Our culinary meeting is Thursday, October 16th at 2:00pm.





MAJESTIC PINES SENIOR LIVING COMMUNITY



Vaccination Clinic for Residents Thursday, October 23rd

On Thursday, October 23rd Thrifty White Pharmacy will be coming into Majestic Pines Senior Living to offer the COVID-19 Booster, RSV, and Flu Shot.

The schedule will be as follows:

Grove Assisted Living: 10:00AM- 11:30AM Private Dining *first-come first-serve, forms are at the reception desk. (forms must be completed and turned in by Monday, October 20th)

Timbers Enhanced Assisted Living Community: will take place in their community, and staff will assist

Orchard Memory Care Community: will take place in their community and still will assist

Please be patient as we are at the mercy of the pharmacy's schedule.

A decorative border at the top of the page featuring several orange pumpkins, black bats in flight, and small white stars on a light background.

MAJESTIC PINES SENIOR LIVING PRESENTS

AFTERSCHOOL TRICK OR TREAT

FRIDAY, OCTOBER 31ST
3:00PM - 4:00PM

Pick up your ghosts and goblins from school then head over to Majestic Pines Senior Living for some indoor Trick or Treating. Residents and staff will be in the main lobby to greet you and hand out candy!

Location: 1614 Golf Course Rd, Grand Rapids MN

Resident Note:

Residents: Majestic Pines will be providing some candy for trick-or-treaters, but we encourage you to bring ONE bag to share as well.



Majestic
SENIOR LIVING
PINES






MAJESTIC PINES SENIOR LIVING

Holiday **MARKET**

Saturday, November 8th 2024

10:00 AM- 3:00 PM

***1614 Golf Course Rd.
Grand Rapids, MN***



**Join us for our Annual Holiday Market!
From arts and crafts to jewelry, and
home decor, there's something for
everyone on your shopping list.**

**Our Bistro will be open during the
event, offering an assortment of food
and beverages for purchase.**

***cash only**

