

# WELCOME

# May



## Thank you Administration & Volunteers

In April, Majestic Pines Senior Living took the time to honor two important groups: our incredible Administration team and our dedicated volunteers.

We extend our deepest gratitude to our administration team for their dedication and hard work in ensuring our community runs smoothly. Your tireless efforts do not go unnoticed, and we appreciate all that you do to support our residents and staff!

We also want to express our heartfelt thanks to all of our volunteers who generously donate their time and energy to make a difference in the lives of our residents. Your kindness and compassion truly brighten our residents' days!

***\*Please note that while not all volunteers may be pictured.***



## Resident Events:

### Lutheran Church Service

Thursday, May 23rd at 2:00 pm in the Chapel

### Catholic Communion

Fridays, at 9:45 am in the Chapel

### Social Hour

Every Thursday at 3:30 pm in the Multipurpose Room

### Monthly Birthday Party

Friday, May 24th at 2:00 pm in the Multipurpose Room

### Fine Dining

Tuesday, May 21st in the Multipurpose Room \*Sign up Required at reception



## May Trivia

The month of May was named after the Roman goddess Maia, who oversaw the growth of plants!

This is likely why we associate May with planting and gardening.

### Important Dates of May

May 1st - May Day

May 5th- Cinco de Mayo

May 12th- Mother's Day

May 27th- Memorial Day



# Dietary Corner with Dennis



*Our next Culinary Meeting is at 2:00 pm on Thursday,  
May 16th in the Turning Leaf Dining Room.*

## *Health in Food*

Our healthy food update this month centers around the types of fat in our diet! Here are some healthy foods for seniors that contain good fats!

Salmon

Chia Seeds

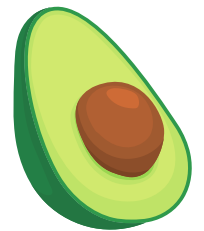
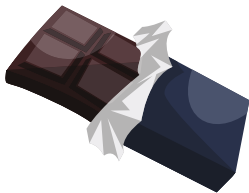
Yogurt

Nuts

Dark Chocolate

Cheese

Avocados



## *A Note from Dennis*

Starting on the first Wednesday in May, the Bistro will be serving fresh lemonade to all of our residents from 11 AM - 6 PM. This will be a weekly event throughout the summer months, so mark your calendars!

Our next Fine Dining is Tuesday, May 21st. Residents can invite 1 guest for fine dining, please make your reservation at the front desk!

# Majestic Pines Resident Spotlight

## *Meet Joe!*

We are introducing Joe, our resident spotlight for this edition! Originally, from the beautiful state of Kentucky, Joe brings a unique charm and warmth to our community. Growing up on a farm, he and his sister learned the value of hard work and dedication from an early age, tending to the land and animals.

Today, Joe finds joy in the simple pleasures of life. Whether he's diving into a good book, getting crafty,, or challenging himself with games and puzzles, he always finds ways to keep busy!

One of his core beliefs is to "Enjoy each day to the fullest." So here's to Joe, a beacon of positivity and wisdom in our community. Let's follow his lead and make each day count!



## *Meet Brad!*

Introducing Brad, our resident spotlight for this month's newsletter! Originally from Marquette, Michigan, Brad has always had a love for his snowy surroundings. His childhood was a mix of adventures in Michigan, Duluth, and Grand Rapids, MN, where he undoubtedly developed a fondness for outdoor activities!

One of Brad's notable achievements is completing the Grandma's Marathon in Duluth—a testament to his endurance and determination. While he may have conquered the cold of northern climates, Brad's heart truly belongs to the warmth of summer. Why? Because it signals the start of golf season, his ultimate passion!!

In the summertime, you'd often find Brad out on the green, participating in numerous tournaments and perfecting his swing.

Let's give a warm round of applause to Brad!



# Majestic Pines Resident Spotlight

## *Meet Joanne!*

Introducing Joanne, our resident spotlight for this edition! From the charming town of Warba, Minnesota, Joanne brings with her a heartwarming tale of growing up surrounded by family and adventure!!

Born and raised in Warba, she fondly reminisces about her childhood days spent amidst the love and laughter of her family. With five brothers who doubled as her "bosses" and a cherished sister, every day was an adventure filled with sibling shenanigans and shared joys.

When asked about her dream superpower, Joanne's answer reflects her compassionate nature and desire to make a difference in the world. If she could have one superpower, it would be to "Take away all the sickness," a testament to her kind-heartedness and unwavering empathy for others!



## *Family Council*

Majestic Pines provides a space and coordinates the participation of interested participants for resident and family council. Majestic Pines will offer both councils' meeting opportunities per each council's request, at least semi-annually. This is an opportunity for residents and/or families to come together and discuss any changes they would like to see implemented, share concerns or simply collaborate with other council members. The council then submits their request(s) to the Community Advisory Board for further discussion and issue resolution. If you prefer to share your requests or concerns outside of either council, you are always welcome to do so via the Care and Concern or Council Request forms found at the Information Station in our bistro. We are always looking for ways to improve and encourage you to share your feedback. If you have any questions about this opportunity or would like to organize a meeting on behalf of either council, please inquire with me at your convenience.

-Nichole Houg, Executive Director, LALD

# Majestic Pines Senior Living Newsletter

## *Memory Loss Support Group at Majestic Pines Senior Living*

**Thursday, May 9th from 1 pm - 2 pm**

Majestic Pines Senior Living will be hosting a Memory Loss Support Group.

This group will meet on the second Thursday of each month, in our Private Dining Room. This group is brought to you by ElderCircle. The memory loss support groups are for caregivers of any age who are caring for an ailing parent, child, spouse, or other individuals of any age, near or far. The support group is led by trained facilitators to help teach coping skills, help reduce anxiety, build resiliency and provide a safe place for people to share common concerns and receive emotional support. For questions, call Danielle with ElderCircle at 218-999-9233 EXT. 282 or email [danielle@eldercircle.com](mailto:danielle@eldercircle.com)



## *Mother's Day Pie Social- Celebrating all of our Moms*

**Monday, May 13th at 2:00 PM in the Orchard, Timbers and Grove Communities**

Monday, May 13th, at 2:00 PM, join us at Majestic Pines Senior Living for a delightful Mother's Day celebration! We're hosting a Pie Social where residents can gather with loved ones and indulge in delicious pies.

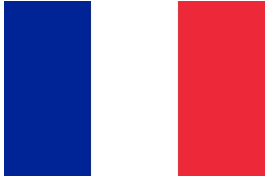
Every resident is encouraged to bring **two guests** to share in this heartwarming occasion. Let's make this Mother's Day one to remember, filled with love, laughter, and of course, plenty of pie! We can't wait to see you there.



Join us for our  
**Fine Dining**  
**Four Course Meal!**



*Bring a guest!*



**Tuesday, May 21st 5:00  
pm Multi-purpose Room  
International Menu**



**France:**

Tender crepes filled with chicken, mushrooms and cheese

**Germany:**

Warm tomato soup with potato pancake

**Brazil:**

Marinated Beef Kebobs

Steakhouse mashed potatoes with herb butter

Grilled Carrots with bacon & honey

**Mexico:**

Crème filled fried dough drizzled with Mexican chocolate

**Wine will be served**

Reservations are limited, each resident can invite one guest on a first come, first serve basis

at the reception desk by Tuesday, May 14th



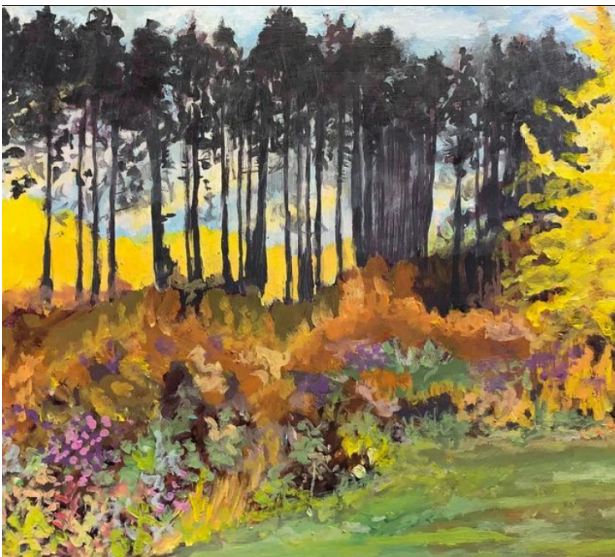
**The cost is \$20 per person.**



# ART IN THE GARDEN

AT MAJESTIC PINES SENIOR LIVING

BY MACROSTIE ART CENTER



**Demos & Art Boards in an Open House Format! ●●●●●**

Join us on Thursday, June 13th at Majestic Pines Senior Living for an afternoon filled with creativity and inspiration. Experience the traveling art exhibit by Macrostie alongside live demonstrations by talented artists John Zasada, Lea Friesen, and Brenda Wagener.

The event will run from 1 pm to 4 pm in an open-style format, allowing you to explore at your leisure. Our bistro will be open, offering a selection of refreshments available for purchase.

The exhibit will be set up outdoors weather permitting.

**1614 Golf Course Road, Grand Rapids, MN 55744**