

# Memory Loss Support Group



- Free resources for families and individuals caring for a loved one of any age who is unable to fully care for themselves.
- Share success stories, and discuss challenges and concerns.
- Discover useful resources and support for all aspects of care and everyday life.

## Support Groups

Preregistration is requested  
Call 218-999-9233 ext. 282  
Danielle@eldercircle.org

- Free
- Open to the public

**Are you caring for someone with memory issues ..**  
or know a caregiver, who may be stretched too thin? Far too often, caregivers tend to neglect themselves.

Recognizing the importance of caregivers self-care, Elder-Circle will host a Memory Support group that will provide support, tools and resources specifically for caregivers. FREE and open to the public.

Second Thursday of Each Month  
1:00-2:00pm

Majestic Pines Senior Living  
Private Dining Room  
1614 Golf Course Road  
Grand Rapids, MN 55744

*Majestic*  
SENIOR LIVING  
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**218-999-9233**

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